

BOTANICAL NAME-*Pithecellobium dulce* 

ENGLISH NAME- Manila Tamarind, Madras monkey, Monkey pod HINDI NAME - Jungle jalebi

**FAMILY** - Mimosaceae

## **DESCRIPTION :**

- Large tree
- Bark greyish, smooth on young trees, becoming rough and fissured.
- Spine short, paired, arising from leaf bases.
- Leaves twice feathered, with only one pair of side-stalks. Blunt leaflets.
- Flowers in round woody clusters, with long, dirty with stamens.
- Fruit is slightly flattened pod, becoming tightly coiled as it matures; green tinged with red.

## USES :

- Promotes Weight Loss and Cures Gut Problems.
- Manages Diabetes Symptoms. And fortifies Bones And Muscles.
- Boosts Immune Function. Promotes Oral Health. Relieves Anxiety and Depression.
- The Jungle Jalebi fruit contains Alkaloid Anti-Oxidants, Flavonoid and Tannin.