



**BOTANICAL NAME –**  
*Mangifera indica*

**ENGLISH NAME-** Mango

**HINDI NAME –** Aam

**FAMILY –** Anacardiaceae

### **DESCRIPTION :**

- ❖ Small to medium sized tree; semi- evergreen.
- ❖ Bark grey brown, rough with shallow cracks.
- ❖ Leaves slender; with a long tapering apex, bluntly pointed; young leaves pink or purple, gradually turning deep green.
- ❖ Flowers tiny; strongly scented, branched clusters; yellowish green, 4-5 yellow petals; most flowers are male, rest bisexual.
- ❖ Fruit smooth- skinned waxy, in various colours; flesh fibrous or pulpy; stone flattened, kidney shaped.

### **Uses:**

- ❖ The leaves of *Mangifera indica*, have been used in healing practices like Ayurveda and traditional Chinese medicine
- ❖ The stem, bark, leaves, roots, and fruit are likewise used in traditional medicine, the leaves in particular are believed to help treat diabetes and other health conditions.
- ❖ Mango leaves may have anti-inflammatory effects, which may even protect brain health.